



"Take Post"

The Journal of the Toronto Gunner Community Edition 13, 14 September, 2016 – Part A

THIS EDITION

- 150th Anniversary of 9th Battery
- Freedom of the City of Toronto
- Exercise STALWART GUARDIAN 2016
- Captain Jack Rhind, 9th Battery, World War II
- John McDermott Concert: "Lest We Forget" – 1 October

This journal, "Take Post" is published bi-monthly under the authority of the Honorary Colonel, 7th
Toronto Regiment, Royal Canadian Artillery. Take
Post reaches out to all Gunners and those interested in being part of the Regimental Artillery Family of the Greater Toronto Area. The purpose is to share information and strengthen the ties between serving members, retired Gunners, Gunner families, friends of the Artillery, and the Greater Toronto Community.
Notes and Letters to the "Editor" can be sent to: beno@kos.net



Regimental Part II Orders

Honours, Awards, Promotions & Appointments

- Congratulations to **Officer Cadet Kang** on being welcomed into The Royal Regiment of Canadian Artillery
- Colonel Commandant's Commendation Congratulations to Major (Retired) Ron Paterson of the Limber Gunners for years of outstanding service to the RCA, 7th Toronto Regiment and the Limber Gunners.
- Honorary Colonel's Commendation Congratulations to "Bombardier" Steve Singh of the Limber Gunners who received the Hon Col Commendation for leading the team that painted our "Colours" in front of the Armoury
- Words of Thanks from the Honorary Colonel to Bombardier **Frank d'Amico** for leading the team that painted our "Colours."

Promotions

Congratulations on the following promotions:

- Sergeant Roodzant
- Sergeant Jason D'Cruz
- Sergeant Brian Moniz
- Sergeant Kevin Noh
- Master Bombardier Alexander Naraine
- Bombardier Rafael Dos Santas

Decorations

- CD Sgt Ryan Harris
- CD1 WO Jim Etorma
- CD2 WO Darrin Hicks

Appointment to Honorary Lieutenant Colonel, 7th Toronto Regiment, RCA – Mr. Mark Clearibue Message from Commanding Officer:

It is my distinct pleasure to be able to announce that Mr Mark Clearihue has officially been appointed the Honorary Lieutenant-Colonel of 7 Toronto Regiment effective immediately. We will be conducting an official ceremony at a time to be determined this fall to recognize this fact in public and on parade. We are extremely fortunate to be receiving an Honorary of such high quality and I know that his presence will only make our Family stronger. LCol R.D. (Ryan) Smid, MMM, MB, CD, Commanding Officer, 7th Toronto Regiment, RCA



Hon Lt Col Mark Clearihue and Hon Col Ernest Beno, Petawawa, August 2016

Promotions



Sergeant Jason D'Cruz



Sergeant Brian Moniz



Sergeant Kevin Noh



Master Bombardier Alexander Naraine

Promotions



Bombardier Rafael Dos Santos



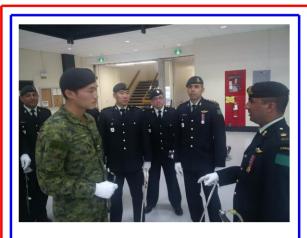




Warrant Officer Darren Hicks, CD2

Etorma, CD1

REGIMENTAL FAMILY CALENDAR OF EVENTS	
01 October	John McDermott Concert with Toronto Artillery Foundation Concert Band "Lest We Forget: A Tribute to those who serve in song and verse"
10 October	Thanksgiving Day
15 October	Artillery History Day
17 October, 2016 (1900 Hrs)	Conduct the Annual General Meeting for the Toronto Artillery Foundation. Report on Status Flow-through charitable donations Fundraising Initiatives Future Intentions
17 October, 2014 (1950 Hrs)	7 Toronto Regimental Senate* meeting Aim: Clarify Missions, and discuss how each part of the Regiment will Communicate, Facilitate, Collaborate, Celebrate – and discuss and resolve major issues.
21-23 October	EX HOGTOWN GUNNER 1 - Meaford
6 November	Regimental Remembrance Church Service
11 November	Remembrance Day Salute – Queen's Park
25-27 November	EX HOGTOWN GUNNER 2 – Meaford
02 December	Regimental Dinner and Dance Saint Barbara's Day Christmas Activities and Events
10 December	Soldier's Christmas Dinner



OCdt Kang receives Corps Cap Badge from Maj Grewal. The DCO explains the significance of the badge



Our Captain (Retired) Jeannette Chau with the Hon Elizabeth Dowdswell - Lt Governor of Ontario and LCdr Albert Wong, Chief AdeC



The Sunnybrook Hospital Veterans Chapel Video -7^{th} Toronto Regiment Stained Glass Window

There is a video that can be can seen on Youtube using the blue link below. You will see our Honorary Colonel Jim Hubel eloquently explain the stained glass windows at Sunnybrook Veterans' Hospital, including the window donated by 7th Toronto Regiment, RCA. Colonel Hubel gives a wonderful description of the art and its meaning:

https://www.youtube.com/watch?v=bdkgtblO5T8

Thanks for bringing this to our attention, Col Hubel – you have done a wonderful job on this video, and your service to our veterans at Sunnybrook over so many years has been exceptional! Once a Gunner, Always a Gunner! UBIQUE!





7th Toronto Regiment Ironman Team, 2016



Left to Right: MBdr Adam Potts, LCol Ryan Smid, Sgt Mathew Jackson, Sgt Phillip Gawley, Gnr Neil Sadiasa, 2Lt Juraj Proner



Commanding Officer LCol Ryan Smid - One More Leg to go!!







7th Toronto Regiment, RCA Command Team Aiming Point – Commanding Officer and Regimental Sergeant-Major

By LCol Smid and MWO Reyes

In the previous three editions of Take Post, the RSM and I have written generally about operational readiness and specifically about how physical fitness, individual and collective training, and mental resiliency all contribute towards it. In this final article on operational readiness, we want to bring to your attention the last subject that pertains to your readiness to deploy and that is administrative readiness.





Administrative readiness speaks to your readiness as an individual to be able to deploy at short notice and can be broken into two parts: Personal Readiness Verification and Annual Readiness Verification. These are ultimately your responsibilities as an individual but your chain of command and the Regimental Orderly Room also play a role in assisting you in completing this work.

Personal Readiness Verification consists of the following:

- Will or Will Certificate Updated;
- Personal Emergency Notification (PEN);
- Supplementary Death Benefit (SDB);
- Memorial Cross (DND 2105);
- Family Care Plan;
- Security Clearance Level 2 Secret;
- ID Card not expired; and
- ID Disc.

No one likes to fill out forms! However, once you have completed them correctly once, you simply only need to change the date and initial them once each year. Traditionally, we do this in September when the soldiers of the Regiment return from summer training and/or holidays. Each of the above is important but I want to draw your attention to two items in particular: the Will and the Family Care Plan.

Most young people believe that they are invincible! That is good news because it provides them a lot of confidence which is important to our jobs as soldiers. However, the bad news is that you are not invincible; you are all too susceptible to death just like anyone else in the world. Accordingly, you need to have a will so that your estate can be divided in the manner you would wish if you were alive to do it. For many single soldiers, this can be as easy as simply giving everything to your parents or a sibling. However, as you get married and have children, you have much more responsibility and possessions thus your will can be more complicated. Your life also becomes more complicated if you undergo a divorce and then remarry or enter a common-law relationship and maybe even have more children with a different partner. You need to keep your will up-to-date in order to deal with these changes in your life. Unfortunately, that does not happen enough. I am aware of a number of soldiers who died, in varying circumstances, without a will that reflected their current situation. In one case, a soldier's exwife remained his executor and stood to receive the entire inheritance even though he had remarried and had children with his new spouse - a complete nightmare for that member's family that took years to sort out.

As an unmarried soldier, you probably are ready to jump on the plane when the call is made to deploy. But if you are married and/or have children then you need to ensure that you have a Family Care Plan in place. For most soldiers, this simply means that their spouse will have to be responsible for the children while you are on tour. But what if your spouse is working? An operational deployment can happen at any moment and thus you need to have a plan in place so that your family can succeed while you are gone. The Toronto Military Family Resource Centre can assist you and if you don't have a plan right now then you should reach out to them to see

what might work for your family and circumstances. It will be too late once the call is made to deploy.

The second aspect of administrative readiness is Annual Readiness Verification which consists of all of the aspects of Personal Readiness Verification and additionally a current medical and fitness test. A medical remains current for a number of years (depends on your age) and you should be aware of when it is going to next expire so that you can make arrangements to get a new one prior. All too often the medical expires and then a deployment opportunity arises at the last minute and the medical system is left to try and make it work. There should be no need for these types of panic if you remain on top of your personal administration.

The fitness test consists of the FORCES test which must be done annually. The Regiment attempts to do this in-house once or twice per year but if you are not able to attend those scheduled parades then you will need to make an appointment to have it done at Denison armoury during the week. Additionally, most overseas deployments require you to have done the Load Bearing March (LBM) as well which consists of a 13 km march in full marching order in less than two hours and twenty-six minutes. This is not easy which is why the Regiment will be running it four times this year so that you have an opportunity to complete it well in advance of any potential deployment.

The Regimental Orderly Room can assist you in booking a medical and/or a FORCES test. You may visit them anytime to arrange this and also to review any of the documentation in your Personal Readiness Verification. Always ensure that you keep your chain of command informed so that they can assist you when necessary.

Administration is one of the ten principles of war for a reason. If done correctly and in a timely manner, it allows for quick and smooth deployment which may prove to be a war-winner in and of itself. Alternatively, if administration is done poorly it can lead to disaster on the mission because the needed troops, with the needed skill sets (maybe language translation abilities?) don't arrive on time. Your chain of command and the Regimental Orderly Room are here to help you and support you in ensuring that your administration is done, but don't ever forget that this is first and foremost an individual responsibility which reflects directly on you. Be ready!

The Regiment's Adjutant, Capt Dustin Aliberti, and our Chief Clerk, PO2 Donald Cleveland, and all the members of the Regimental Orderly Room, are here to help you with your administration. Get to know them!

Good shooting! UBIQUE!

RD Smid, MMM, MB, CD Lieutenant Colonel, Commanding Officer

Mardie Reyes, CD, Master Warrant Officer, Regimental Sergeant Major



Words from the RSM – Freedom of City and Regimental Activities

By: MWO Mardie Reyes, CD

Another successful summer completed and soldiers of 7th Toronto Regiment continue to demonstrate our strengths, talents and skills through the Brigade and Division. I'd like to congratulate our soldiers who completed their training this past summer from BMQ right through GATSM and all those soldiers that participated at Exercise STALWART GUARDIAN 16 in preparation to road to high readiness (RTHR). I'd like to also congratulate this year's Ironman team lead by 2Lt Juraj Proner. The team consisted of six members of all ranks including our Commanding Officer who participated again this year. Great job!



The highlight for me this fiscal year is the celebration 9th Battery's 150th Anniversary in the form of a Freedom of the City parade. I can tell you that although it is fairly parade, simple challenges in coordinating this type of event is much bigger than what I had I wasn't sure anticipated. what I was volunteering for when the CO asked the

Regiment's senior leadership who would take the lead in organizing this parade. By the fourth month of planning, I started to feel overwhelmed as I realized how much moving parts are involved with this parade, which makes our traditional change of command parades a cake-walk.

Looking back at the successful Freedom of the City, I'm very glad to have organized it since the last time our Regiment did it was back in 1991 (125th), and previously 1966 (100th). I'd like to thank all those that were able to attend and participate at this memorable event and special thanks to the CO and our Honorary Colonel, BGen (ret'd) Ernie Beno for their support and guidance. I'd also like to thank the Colonel Commandant, BGen (ret'd) James Selbie and 2 RCHA CO, LCol Halton and RSM CWO Lundrigan for their continued support to the Regiment.



We are approaching yet again very exciting times as 4 Cdn Div get ready for RTHR. The CO continues to emphasize the importance of being operationally ready and what that looks like. From personal and mental fitness to personal and annual readiness verification (PRV and ARV) is what is going to help any soldier to be successfully deployed. In any theatre of operations, if a soldier is not fit, mentally and physically then he or she will not have the endurance to sustain the high tempo of any operation. If a soldier is not administratively ready, then he or she will not be able to effectively deploy. We must all strive to make sure we stay on top of our deployment readiness by ensuring our medical and dental our up to date, wills, ID cards, and passports are all up to date, and of course, maintaining a good level of fitness. Having deployed short notice on DART, I can tell you that if you are not able to DAG green within 48 to 72 hours, you are not deploying. Your chain of command and the Orderly Room are there to support you in making sure that you are operationally ready. Reach out and talk to them to get you the assistance you

require to make sure you are deployable.

To all soldiers of the 7th Toronto Regiment, keep up the good work and continue to strive to be better at everything you do. The Commanding Officer and I are very proud of you and we'll continue to support each and every one of you to succeed and be the best reserve artillery regiment in Canada.





Greeting to All My Fellow Gunners at the 7th Toronto Regiment



I am Captain Dustin Aliberti. I am the new Adjutant for the 7th Toronto Regiment and Acting Battery Commander for 9 Bty. I am looking forward to working within a great unit which I've already come to know over the past few years.

A few things about me – I am married to my lovely wife Suzy and we have 3 children – Akira (10), Jada (8) and Victor (6). I was born and raised in Toronto, and being able to serve with 7 Tor does have a special resonance and meaning for me. Some of my hobbies include weight

training, running, reading and any activity that brings my family closer together.

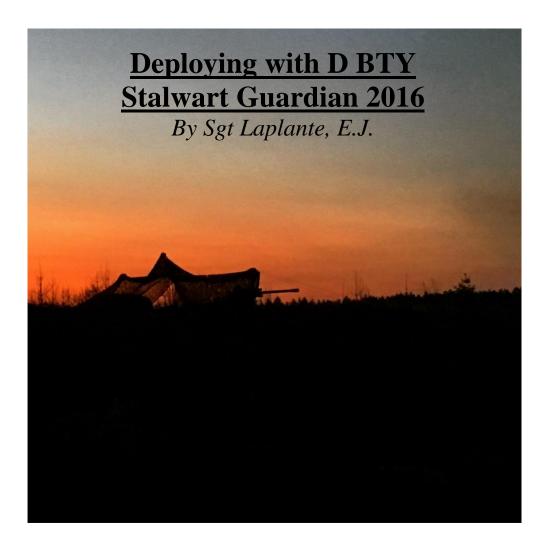
Before joining the regular force I briefly served with the Governor Generals' Horse Guards as a private. In 2005 I enrolled into the Regular Officer Training Program, attending the University of Toronto where I earned my Honours Bachelor of Arts & Science while completing my officer phase training during the summer. After completing my phase training at CTC Gagetown, I arrived at 2 RCHA in Petawawa as a Troop Commander with E Bty in 2010. I also served as the Regimental Transport Officer with HQ Bty and then as a Forward Observation Officer with Y Bty. I left 2 RCHA with many great experiences, friends made and lessons learned.

In 2013 I was posted to CFC (Canadian Forces College) in Toronto where I served as the J3 Operations Officer, where my duties included hosting international delegations from foreign military universities (such as Kenya, China, Colombia, Oman, etc), planning and coordinating events such as the Graduation Ceremony (among others) and executing other secondary duties such as unit security. While posted to CFC, I regularly volunteered to be a FOO on any exercise I was able to attend with 7 Tor, and served as the RCPO (Regt Call Sign 0) on Ex BLACK HAND II last March 2016. It was during this time that I got to know the officers, NCOs and soldiers of this Regiment.

I could not be more pleased to be apart of the 7th Toronto Regiment. I thoroughly enjoyed the experience of leading 9 Bty through the Freedom of the City Parade, and the shared experience of getting soaked in the rain in our DEUs and then enjoying the BBQ put on by the Toronto & Limber Gunners. It was a great start to the upcoming training year.

UBIQUE! Capt Dustin Aliberti, Adjt & BC 9 Bty, 7 Tor Regt





Exercise STALWART GUARDIAN 2016

By Sergeant Laplante, E.J.

It was a very early morning for those who stayed behind at Meaford Training Centre for the bus to Petawawa on the morning of the 14th of August. 48th Depot Battery members were up and packing at the ripe ol' time of 01:00hrs and on the road to Pet by 02:00hrs. By 08:00hrs we were all going through the RSOM and got pushed up to the Z Lines where 2RCHA organized all members into the two batteries, D (C3 Howitzer) and E BTY (M777 How). After the chaos of finding vehicles and supervisors, everyone marshalled up for a couple days stay at Centre Lake. Welcome to Exercise STALWART GUARDIAN 16 (Ex SG 16), Petawawa – Training Ground of the Warriors!

Members of both batteries took the first 3 days of SG16 to complete various Individual Battle Task Standards (IBTS) tasks, all members completing their Primary Weapon Training (PWT) 1, 2, 3 shoots, and a live pairs fire and movement, a shoot our unit hasn't conducted in about eight years. This fire and movement was truly a treat for those who had never previously had the opportunity.



prepared their equipment and participated in lectures that would be relevant for the tasks they were about to conduct throughout the exercise. WO J. Shortt from 11th Field Regiment, was able to coordinate a fly-by from a Chinook which was a nice break from prep and lectures.

During the three-day shake out, members also

Before we knew it, D and E Battery parted ways and the exercise was in full swing. D Bty hit the ground running and occupied a tactical hide, no small feat with a six gun

WO Etorma helping out the new Gunners

battery and a full complement in the echelon. From here, the guns practiced and perform sniping gun and harassing fire tasks.

After a night of harassing fire missions and some vehicle troubles, D Bty cross-loaded some stores and the Battery was back on the road to the next position. Once deployed, more sniping gun tasks came down the pipe, while other detachments conducted reconnaissance patrols in areas where enemy activity had been suspected.

After a quick supper, the Battery was back on the move, and a lengthy move it was. The convoy was plagued with several mishaps, which the echelon rapidly responded too. While the convoy provided an all-round defence, vehicle technicians Cpl Summers and VH quickly got a gun tractor back up and running after brake issues. Concurrently, the medics were quickly deployed to assist a member



Chinook conducts a fly by over D Battery camp at Centre Lake

medics were quickly deployed to assist a member at Centre Lake who had suffered a back strain, while the communications technicians rushed over and assisted the alternate command post with their radio problems. It was a night move of mayhem, but the echelon persevered and had the Battery on its merry way to bring "death and destruction" to the enemy at hand.

The Battery maintained its high tempo and occupied several more positions, even having to defend one from an enemy attack which employed a UAV. From here the guns deployed to their last positions in the impact area. The Gunners loving nicknamed the position 'Mordor' for the area showed signs of fire damaged leaving several scorched patches littered throughout the position.

While deployed in 'Mordor', the position was attacked, and the Battery defended itself with live ammunition for all its small arms and conducted live open action missions with the Howitzers. With the position successfully defended, the exercise came to an end and the Battery withdrew back to Centre Lake for some cold beverages and a barbecue.

The exercise came to a close and the Gunners from each Battery walked away with new skills and experiences (probably with some funny stories attached). It is important to take these training experiences and memories forward with them so

as we move on through our careers we don't repeat mistakes and truly learn the "lessons learned."

The focus for SG16 was tactical and technical shooting, which we now all have much more practice to conduct. As the CO of 2RCHA said in his address to the Regiment, "we don't know where Canada will be deploying to next, but it appears that we are gearing up for another mission." Practicing the basics and skills that we conducted on SG16 allows us to have a solid foundation upon which we can build so that we are ready for whatever comes our way. Sgt. Laplante, E.J.



Sniping Gun at Excaliber



Sgt Bhatti preparing the truck for a road move







STALWART GUARDIAN 16



STALWART GUARDIAN 16







Forward Observation Officer Course, Artillery School Gagetown By Captain Ethan McBride

Every year the Royal Canadian Artillery School, located in Gagetown, New Brunswick runs several iterations of the Forward Observation Officer Course which aims to train new Forward Observers or FOOs in calling in artillery fire as well as advising our infantry and armoured counterparts with regards to the effects that could be brought to bear from the artillery. This year was no different and 7th Toronto sent two officers, Capt McBride and Capt Rasheed to complete their qualification and achieve the ever coveted position of FOO.

The course itself was run by Capt Brendon Rath, a newly qualified IG (Instructor-in-Gunnery) who along with several AIGs (Assistant Instructor-in-Gunnery) were tasked with teaching the students on the course all they would be required to know as FOOs. The course saw students learn basic area neutralization, along with linear and registration fire missions in Module 1 of the course, with practice in the IFT (Indirect Fire Trainer) and confirming their skills with a 3-day exercise in the field.

Module 2 of the course was focused on fire planning in support of a hasty combat team attack as well as advising the supported arm commanders as to how best to employ the artillery in the attack. Similar to Mod 1, the course began with practice missions in the IFT and a confirmation with a three day live firing exercise in which <u>over a thousand</u> rounds were fired. The course ended with 12 students graduating and being confirmed in their title as qualified Forward Observers by the Commandant of the Artillery School.





Meaford Badging Ceremony, 20 July 2016 – Report from Major John Stewart

Good afternoon folks;

Last Wednesday, July 20th, I visited Meaford for the badging of the troops who had just graduated from DP1. It was a short but meaningful parade! The troops were in high morale and after the parade I took pictures of the candidates alone, and then the



candidates and their instructors. My remarks to the new Gunners welcomed then to the active role of Gunner and told them what it meant to be a member of 7th Toronto and be a Gunner among the many other wonderful fellow soldiers of the Army. I thanked them all for their dedication and brought congratulations and greetings from the Honorary Colonel, the CO, and the Toronto Gunners as well as the IODE. I also welcomed them as an old Gunner and member for the RCA Senate, letting them know that Artillery was everywhere!



I then took the instructors over to the Mess and bought a round for them. I included the 7th Toronto instructors who were teaching on other than the DP1, to make sure no one was left out and to see that they were thanked for their hard work too.

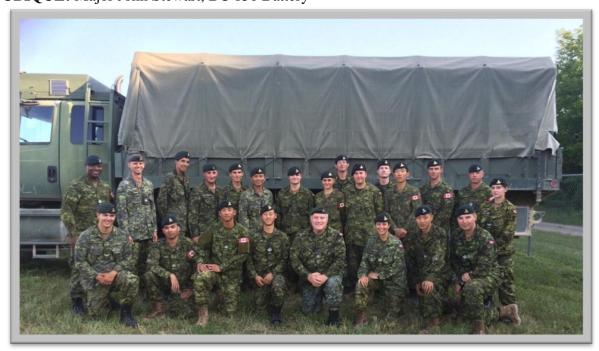
After that session, I went over to the Rod and Gun Club and bought a round for any and all Gunners that were there. Most were from the just graduated DP1 course and included 7 Tor, 11 Field and 56 Field. I explained that the Artillery was a big family and that what was good for one of us was good for all of us. One of the 11th Field guys said he wanted to transfer to 7th

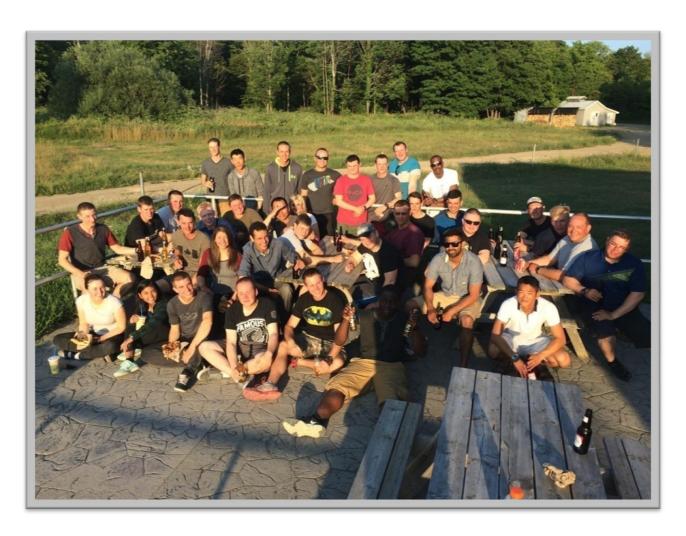
Toronto. That got a few laughs from the crowd! I gave a 30 second sermon on the Gunner family and what it means, and that we all need to train together, socialize together, and most of all, stick together. My new motto: "Train together, fight together, stick together"!!



It was a really good visit and I had the opportunity to meet some great young people who are our future. They are tremendously proud to be wearing the Gunner cap badge.

UBIQUE! Major John Stewart, BC 130 Battery







7th Toronto at Meaford & Petawawa: A Civilian's Observations

As the soon to be Honorary Lt. Colonel of 7th Toronto Regiment, last month I had the privilege of observing some of our soldiers at a Cap Badge ceremony at 4 CDTC Meaford and at Stalwart Guardian '16 at Garrison Petawawa. Not just observing, but also interacting with our people and I enjoyed both occasions thoroughly.

As someone with no military background, but a considerable amount of experience in the corporate world, my natural tendency is to look for evidence of behaviours that I know contribute greatly to successful organizations in the private sector. What are these traits or actions that are present in companies that win and are there similarities in the military and, in particular, in a primary reserve regiment of the Army?



Here are a few of my observations:

- 1) Leadership. In successful businesses, people lead by carrying out their duties with excellence and professionalism, by constantly looking for ways to do things better, and by respecting the roles of their teammates. At Stalwart Guardian '16, regardless of rank, and while following command structures, every member of 7th Toronto was a leader. This was on full display during a "hide" and "sniping gun" exercise requiring officers and gunners to quickly mobilize the hidden gun battery to a new location, rapid deployment of the weapon, acquisition of target coordinates, demonstration of total readiness to engage the enemy, and a quick return to the "hide." Individual leadership by all participants created battery success.
- 2) Pride in the Brand. At Meaford, it was great to see new gunners receive their Cap Badges as the culmination of their training in artillery skills. Every successful organization that has interaction with customers has a brand that defines its behaviour and is a pledge of conduct. When 7th Toronto members were having their new Cap Badges affixed by Colonel Bishop, Director of Artillery, they were asked their name and rank. Several responded out of habit by stating...."Private." When asked again, there were grins all around at the realization that they had now entered a new realm of service.....the RCA.....and they quickly corrected themselves....."Gunner, sir!" The sense of shared pride was easy to see.
- 3) Team Above Self. This is sometimes a tough one to instill in the private sector. Molding people into a team that achieves its goals while tempering the natural tendencies of people to pursue self-interest as a first objective is not easy. The team must believe there in a common good that supersedes individual needs. I think this is where the military shines. 7th Toronto members showed pride in the Regiment and pulled for each other so our unit performed to its maximum capability. Beyond that, there is pride in country that makes our people decide they want to be part of service to Canada. Very impressive!
- 4) Camaraderie. Every successful organization creates an environment where people want to engage and perform. Belief in your team and your own role in its successful operations are aided immensely by a strong sense of kinship and friendship. Again, 7th Toronto members demonstrated a strong bond of friendship, sharing experiences, laughter, and some good stories during stand-down times. Maybe even a few chuckles at some of the new Hon Lt Colonel's questions! This is a team whose members value each other.

To sum up, our Regiment is composed of individuals who have made the admirable decision to serve. Our team is larger than the sum of its parts, because of dedication, respect, and leadership by all members. Wonderful to see! I am excited and honoured to be affiliated with such a great group!

UBIQUE! Mark Clearibue







Director Artillery, Col Tim Bishop accompanied by Captain Kevin Smith, BC 48 Depot Bty

Badging Ceremony, Meaford, 9 August 2016





Welcome New Gunners!



2016 Korean Harvest Festival

By Gunner Matthew Wight

On the weekend of August 27 and August 28, 2016, several members of 7th Toronto Regiment had the pleasure of attending the 2016 Korean Harvest Festival in North York. There we had the opportunity to showcase the fire power of Toronto! We started off with a detailed plan for the weekend as directed by MBdr Kevin Noh, where, all members were identified, movement orders were given and coordinating instructions with timings distributed.



Korean Harvest Festival, also known as Hangawi, is one of the biggest and vibrant festivals in the Korean culture. It is equivalent to the Thanksgiving of its Western counterparts.



From left to right: Bdr Chan, Gnr Wight, Mbdr AW Noh, Bdr Maranan, Gnr Baghel, Sgt Lee, Gnr Kim. Gnr Grabek. Gnr Chen. Mbdr KW Noh. Absent from Photo: 2LT On

The first day included us travelling from one end of Toronto to the other, closing off a street for a couple minutes to maneuver the Howitzer onto the small and busy street festival style grounds.

In addition to the 105 mm C3, we assembled an 81mm Mortar, and "clothe soldier" the equipment such rucksacks, helmets, and tac vests as well paint. Lastly, recruitment information and pamphlets were made ready when ever people asked. A media awareness brief, metrep, and rotating schedule were given to each individual and thus the event started! The second day had us arriving later, and staying longer than expected, but nevertheless, the team persevered and successfully put on a great display for the second day.



MSVS Gun Tractor with 7th Toronto Regiment RCA's Banner proudly on display in the heart of North York

We had the pleasure of speaking with members of the public and to give some insight to what it is we do as Reservists and as 7thToronto Regiment as a whole. Some civilians had gained a newfound appreciation of their military when they attempted to put on the rucksack, and some were even brave enough to allow members to apply cam paint on them.

It was also a great learning experience for the members of 7th Tor, talking to members of the public. Seeing the excitement that would overcome them as some would reminisce of their time spent in the Korean army and the stories they would share with us. This was truly an experience that will stick with us all for years to come.



Gunner Kim in action!

On Sunday August 28th the Korean Festival had put together a few traditional Korean games and contests, some of which members from 7th Toronto found themselves in. One in particular was the "Chicken Fight". This was where two individuals would balance on one leg while holding onto their other leg, competing against each other by knocking the opponent out of bounds or by forcing them to let go of the leg they were holding on to. Another we had partaken in was "Wrestling". Now this was slightly different then what you would expect. The concept was to get your opponent onto their back or pushed out of bounds, all the while holding on to a belt around their waist. Now in both events we'd like to believe that inexperience prevented our success in these events, but what we took out of these though was great camaraderie within ourselves and those of the public. Also, we figured that this was a potential activity for us to bring into 7th Toronto on our Monday night parades.

As a recently new Gunner with 7 Toronto regiment, it was a time that I took to get to know the ladies and gentleman that make up the fire power of Toronto and to get insight into what the future holds within. Also, it was an experience in itself to have watched those members interact with the public and to gain the knowledge to hand myself as a Canadian Armed Forces member in the public; from how to handle the simplest of conversations but to also handle myself when I'd potentially be brought out of my comfort zone. Though the weekend had brought challenges our way, we had come out on top and we had come out with a smile on our face and it's those challenges that brought us closer together.

All in all it was a great experience by both 7 Toronto members and by members of the public as well. It's events like this I believe that we should find ourselves more involved in, for multiple reasons. It helps close the gap between the CAF and the public by allowing them to have understanding of what it is that we do



Bombardier Chan showing how a Mortar works

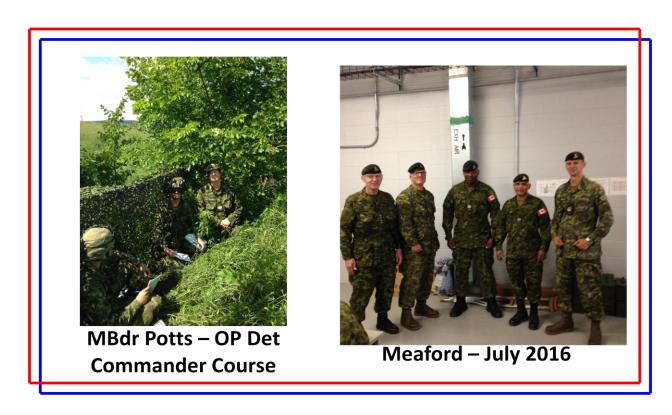
but also by letting us answer questions that people may have. It allows us to, and those of us who attended, look forward to next year where we get to relive the experience once again.

Gunner Matthew Wight.



Reserve Summer Training, 48th Depot Battery, Meaford

Following are a few photos of Resreve Summer Training at the Meaford Training Centre. 7th Toronto Regiment had at least sixty personnel deployed to Meaford this summer as course candidates, instructors and support staff. 7th Toronto Regiment is indebted to Captain Kevin Smith and his team of 48th Depot Battery for the high quality if individual training offered to our members. Good Shooting!





Gun Area Technical Supervisor Modules 2-3

Written by: Bdr Allen Noh

During the summer MBdr Buccella and I were two of the eight candidates taking the Gun Area Technical Supervisor (GATS) Mods 2-3 course. This course is a two month long course that goes into great detail of fire discipline, duties of a CP tech, CPS, CPO and Safety O and fire planning. The course is designed to ensure that upon completion, all candidates are ready to be employed as a CPS and supervise the techs and advise the officer in their duties. It is a mentally challenging course with many late nights that has a candidate basically memorize chapter 4 of Duties at the RHQ.



The course was essentially a more in-depth version of the CP tech course. It went into further detail and focused more on the "why" aspect of everything. You were expected to understand where the data originated from and the process of using it for further calculation. It went into ballistics and ammunition and consistently challenged us to look deeper than just the training plan of the course. We were taught to supervise the set-up of a CP, the drills of CP tech and CPO. We also learned how to calculate of muzzle velocity as well as creating a CPX for both Manual Artillery Plotting System (MAPS) and Indirect Fire Control Computer Software (IFCCS). Upon completion of the theory and practice of the command post we were to be tested in the field.

MBdr Buccella hard at work supervising the CP

On the final week of course we packed our equipment and moved into the field where we had the support of the DP1 course running concurrently. We were being assessed as the shooter for both a simple Area Neutralization (AN) mission as well as a fire plan. The AN missions felt like a warm up for the fire plans and passed by quickly. However the fire plan proved to be much more difficult. There were difficulties with the fire plan, from keeping track of the data for multiple targets to engaging targets on a quickly moving firing schedule. Still, all candidates were able to overcome the speedbumps and successfully pass the GATS 2-3 course.

It was a long two months that challenged both MBdr Buccella and myself and helped us to become confident CP supervisors. The course was successful thanks to candidates' eagerness to

learn as well as the strong supervision from all the instructors, one of whom was 7 Toronto's very own WO Bankasingh. I strongly recommend any member of the unit who wishes to increase their knowledge on the technical side of artillery to pursue this course.



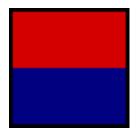
Gun Area Technical Supervisor Course Meaford – July 2016



UBIQUE 150! Best Wishes from 56th Field Regiment, RCA

By LCol R. Christopher, CO 56 Fd Regt RCA

On behalf of 56 Field Regiment, RCA I congratulate 7th Toronto Regiment RCA on the 150th anniversary of one of its batteries – 9th Battery. The 56 Fd Regt RCA is also celebrating a 150th anniversary. 56 Fd Regt RCA was created on 28 September, 1866 and this September the Regiment will celebrate its 150th anniversary. This auspicious occasion will include a Freedom of the City of Brantford parade, and a dinner. Your CO LCol



R. Smid, and Mrs Smid, have graciously accepted our invitation to attend the celebratory dinner.

The RCA is identified by the red over blue tactical recognition flash, and also by the motto and battle honour *Ubique* ("Everywhere"), granted by King William IV in 1833. On the 24th of September, the Saturday closest to the anniversary date of the 28th, we will make our presence more *ubiquitous* in Brantford through a parade. The Mayor of Brantford will be the Reviewing Officer. The local MP, MPP, Six Nations, the Brantford Police, the Brantford Fire Department, five affiliated cadet corps, other artillery units, 32 Brigade representatives, and the public, will join us in the celebrations.

Impressive organizations, such as the RCA, are shaped by their past, defined by what they do today, and they are not fazed by what is to come. This has characterized the Gunners of our two regiments for over 150 years. Congratulations again to 7th Toronto Regiment on its 150th anniversary celebrations – **Ubique! Good Shooting!**

Lieutenant-Colonel Rob Christopher



A Veteran of 9th Battery, World War II

By: Capt Michael Tempeny



While attending University, Capt John (Jack) A. Rhind enlisted in the Canadian Officer Training Corps (COTC) in the fall of 1939, and subsequently served with the RCA in Italy during WW2.

Pursuing a degree in Commerce, Capt Rhind selected his COTC trade, Artillery on the persistence of a good friend. After finishing school and being sent to Vancouver Island for 3 months of All-Arms training, Capt Rhind completed his Artillery training in then, Camp Petawawa

before embarking on a 23 day long crossing to England before heading to Italy. Recalling some of the conditions of war while serving in Italy, noting: "The soft underbelly of Italy turned out not to be so soft". Landing in "sunny" Sicily, he first saw action in Ortona and fought his way through Italy.

In charge of 30 men from the 9th Battery, 11th Canadian Army Field Regiment, Capt Rhind recollects seven weeks of intense fighting in Monte Cassino, whereby he and his gun troop were fighting from an exposed position against enemy occupied high ground. In a vulnerable gun position, Capt Rhind describes gunners unable to move during the day except to fire, the Germans sitting high, watching every movement, had them pinned from mountain top observation posts, "one gets a very strong attachment to their slit trench," comments Capt Rhind.

They were nicknamed the "D-Day Dodgers", because they were not involved in the bigger



campaign in Normandy. B Troop, 9th Battery was tasked with dislodging the Germans out of their occupied fortress on top of a 1,700 ft-high mountain-top fortification with effective defensive positions, including mines, booby traps and hidden machine gun nests and dug in mortars - with a gun troop of only four QF 25-Pounders.

Capt Rhind remembers the daily austere conditions that he and his gunners faced on the gun position while enduring counter-battery fire from the enemy. Acting as both GPO and FOO for the Battery, Capt Rhind comments on his guardian angel protecting him and his coming out of action unscathed. Monte Cassino was finally taken by the Allies on the morning of May 18 1944, after gritty persistence forcing the Germans to abandon the fortress monastery.

After returning to Canada, Capt Rhind went on to marry his late wife Elizabeth, introduced to him by his former Battery Commander while in basic, and enjoyed a successful career. Capt Rhind later became president and Chair of the National Life Assurance Company and CEO of Confederation Life. Capt Rhind still resides in Toronto at the current age of 96.

See "*Cassino Revisited*", by Captain Jack Rhind: http://canadianartillery.ca/wp-content/uploads/2011/04/2-Cassino-Revisted-Honourable-Mention.pdf

Formation Patch: Worn by RCA attached to First Canadian Army





The Jewel of the Regiment - The Commanding Officers' Broach

By Lisa Smid

This is the story of Dibs. Most of you may not be familiar with Dibs yet; however you all know her husband Capt John (Jack) Rhind; Gun Position Officer, Forward Observation Officer, war hero, proud member of 9 Battery, Royal Canadian Artillery.

Capt Jack Rhind is an exuberant, energetic, charismatic man, 96 years young. In 1944, he found himself in Italy with his Artillery Regiment, the 11th



Canadian Army Field Regiment. He lived through miserable conditions and saw many comrades die. Yet he led and fought passionately with four pieces of 25-pound field artillery, working hard to defend his ground and dislodge the Germans who were positioned near a beautiful monastery atop Monte Cassino. The winter had been miserable and his men made bitter jokes about "sunny Italy."

"Shoot just finishes at 4p.m. when Jerry really lets us have it. I was at #4 gun when the first round came down. We all dove for slit trenches and dug-outs. Before I got in, another had landed very close. Got nicked slightly in the leg—my first wound—Ha! Then he dropped them all over the gun position. When things quietened down, I returned to the C.P. He started again, dropping about a dozen rounds on all sides of the C.P. knocking out all our lines. Two rounds fell within three yards of my bivouac. After another lull, he had another go at us. I realize now why they call this 'Death Valley'." From Capt Rhind's war diary



Capt Rhind is an intelligent, dedicated and passionate leader and extremely proud to be a member of the Royal Canadian Artillery. He winks as he recalls bringing out cognac at the most miserable of moments during the war in an attempt to bring some joy to the slit trenches the soldiers called home. The artillery remains an important love of his life; however as outlined at the beginning of this article, this story is about Elizabeth "Dibs" Rhind, *the* love of his life.

Unfortunately Dibs passed away 13 years ago; however I recently 'met' her through the passionate words of Capt Rhind as he described the beautiful lady who was his wife for over 60 years. A woman of immense kindness and great spirit. A woman who supported him in all he did and was his best friend with whom he shared countless stories of the horrors of war, the camaraderie of soldiers and his immense pride in being part of the Artillery Corps. Capt Rhind's face lit up and his eyes sparkled with joy with the memories of

Dibs. He recounted a very special memory of when he and Dibs went to Italy as she wanted to see where he fought.

"Twenty years after the war, I went back to Italy with my wife Dibs. I had my military maps and wanted to find the gun positions where I'd been dug in and where my men fought and died. When I got there, I carried Dibs across a stream on my back. I couldn't believe it was the same place. The fields were green, the birds were singing, the houses were in good shape." Story told to Lisa Smid at Freedom of the City parade, 10 September 2016



Dibs and Capt Rhind participated in many Regimental social functions, a fun-loving charming pair, full of life and a pleasure to be around. When Dibs and Jack stepped out in Regimental society, Dibs regularly wore a beautiful, classy broach designed in the shape of the Artillery crest. The broach was commissioned over 75 years ago by Col Christie (RCA) for his wife Ruth. The crown and gun on the crest are surrounded by diamonds. The motto "QUO FAS ET GLORIA DUCUNT" is inscribed in gold atop the artillery royal blue. Mrs. Christie wore it when she attended Regimental functions with her husband and when Mrs. Christie passed, this beautiful jewel was inherited by her daughter Elizabeth, affectionately known as Dibs. Love and maybe a touch a fate brought Dibs into the life of a handsome young Artillery officer named Jack Rhind thus ensuring this Artillery jewel continued to grace many an Artillery function. Capt Rhind smiled when he recounted how the diamonds in the broach sparkled with such intensity but couldn't compete with how "Dibs lit up a room with her smile".

When Dibs passed, Capt Rhind wanted her legacy, her memory to continue in a meaningful way. Dibs supported her husband in all things Artillery and was always happy to attend Regimental functions. So Capt Rhind approached the Commanding Officer of 7th Toronto Regiment, LCol

William Kalogerakis at the time, and donated the broach to the Regiment with the caveat that it be worn by spouses/partners of Commanding Officers in memory of his dear Dibs.

Col Kalogerakis' wife Nikki was the first to wear the beautiful broach. From there it was passed on to LCol Michael Gomes who eventually passed the broach to Anna, the wife of LCol Paul Szabunio. And it was Anna, who at the change of command parade in November 2015, pinned the broach on me. Thus Capt Rhind found a way to combine his great love for his wife with his love of the Royal Regiment with this classic piece of history. The jewel of his life now remembered in the jewel of the Regiment.

Capt Jack Rhind, thanks for sharing your wonderful stories with me. I am honoured to wear this priceless momento of your darling Dibs. She will forever be the jewel of 7th Toronto Regiment represented in your kind gift of her beautiful Artillery broach. I promise I will take great care of it. I will always humbly wear it with pride until I continue its passage through time when I pin it on the next recipient.

Lisa Smid



DP 1.1 Artillery Troop Commander Module 1 Course, Gagetown

By: 2Lt Dan On

The DP 1.1 Artillery Troop Commander Mod 1 is the essential officer course needed to be qualified as an Artillery Officer in the Reserves. The course was a demanding 12 weeks located in CFB Gagetown. The course is broken down into 5 modules. The first module is the Reconnaissance of a gun area, where a Reconnaissance party departs before the gun line, and ensures an area is suitable for deployment before the gun line arrives on location. The Recce officer finds suitable gun platforms for each gun, and ensures they are all on a common bearing by using an instrument called a Director.

The second module consists of local defence, where the candidates are evaluated as the role of a GPO (Gun Position Officer), where they are responsible for writing local defence orders to defend the gun line while on the move, and while deployed. Candidates got the opportunity to defend the gun line in a local defence battle with enemy forces attacking their position.



The third module consisted of MAPS (Manual Artillery Plotting System), which is the beginning of the qualification as a Command Post Officer. MAPS consist of manually plotting the target location, and the mathematical calculation of non-standard conditions to ensure the rounds land where they are destined to land. The CPO is responsible for producing gun data, which is issued to the gun line during the fire mission. Although we do not shoot MAPS live, it allows the bridging between modules to ensure the understanding of the qualifications as a Command Post Officer and Safety Officer.

The fourth module introduces the IFCCS, which eliminates all manual calculation of gun data. The Command Post Officer verifies the gun data by checking on the map if the data is correct, and once confirmed correct will issue the data to the guns.

The last module consisted of fire planning and the qualification of Safety Officer. Fire planning is a series of fire missions, which have a TOT (Time on Target), and usually occur over a duration. As a result, this module combines all previous modules, and allows the true understanding of how team work in the command post is the key to success of fire planning. Lastly, the Safety Officer receives gun data, and removes all nonstandard conditions, and ensures that the round will land in an impact zone, where it will be safe.

DP1.1 Artillery Troop Commander Mod 1 was an enjoyable yet challenging course. The amount of data that was taught was overwhelming at some times, but with course staff and peers willing to put in their extra time after hours, the course produced 16 qualified Artillery Officers after a long 12 weeks. A great experience, and Gagetown was well, Gagetown!



Rear Row: WO Angers, WO Hayes, 2Lt Macquillian, 2Lt Berry, 2Lt Newfield, 2Lt Northcott, 2Lt Metherel, 2Lt Price, 2Lt On, 2Lt Jones, Capt Crosier.

Front Row: 2Lt Staples, 2Lt Blanchette, 2Lt Bloom, 2Lt Simon, 2Lt O'Keefe, 2Lt Vokey, 2Lt Page, 2Lt Mainprize.



A Shot Downrange - Words from Honorary Colonel Ernest Beno, OMM, CD

Freedom of the City of Toronto. First and foremost I would like congratulate RSM Reyes on an outstanding Freedom of the City parade and all the related events celebrating the 150th Anniversary of 9th Battery. Well done RSM! It was great to see so many former Commanding Officers, seven by our count: Jim Hubel, George Haylock, Colin Mouatt, Barry Downs, Don MacGillivray, Bill Kalogerakis and Jim Brazill. My thanks to all of you for showing up and supporting the Regiment and Regimental Family. Even better there were a bunch of 70's/80's era former members there ...They include (and there were more): CWO (retired) John Mahon, WO (retired) Al Currell and his spouse Sgt (retired) Anne Saunders, Lt (retired) Duncan LeBlanc, Capt (Retd) Jeannette



Chau, MCpl (former ... now Captain?Major?) Virginia Thompson who flew to Toronto from Gagetown for the event, and WO/Capt (retired) George Hope. And, the many others who attended. Special mention must be made of the IODE, the 105 Army Cadet Corps and the 818 RCAF Air Cadet (Falcon) Squadron. All of you added much to the parade and our community engagement. Our 7th Toronto Regiment Band was splendid, as always. Thanks much to all who participated in these events, and showed off our Regiment as a very special outfit. To all of you – Once a Gunner, always a Gunner.

A special word of thanks to the Honorary Colonel of the Army, HON Col Blake Goldring, MSM, for spending the day with us and sharing insights as to what is happening in the Army,

how the recruiting process will be greatly improved, the importance of connecting with and representing the community and cultural mosaic of Toronto, and what the future might hold in terms of roles, tasks and operational undertakings. He also reminded us of the great work being performed by Canada Company in support of our soldiers (e.g., public awareness, business support, bursaries and job opportunities) and the families of deployed soldiers. Thanks much Hon Col Goldring.



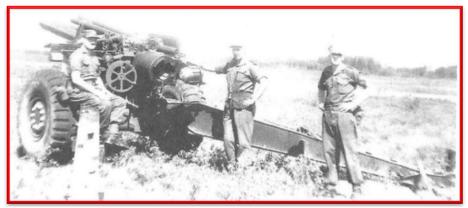


Thanks also to Councillor Wong-Tam, our local City Council representative, for her words from the heart about service to Canada and community. Coming from Hong Kong, she learned about service from her father, who served ten years in the Royal Navy. She reminded us the importance of reflecting the Canadian community and living Canadian values. She is more than welcome to join Regimental events whenever she would like.

7th Toronto Gunners in Meaford. It was a great pleasure to visit our Gunners in Meaford this summer. We had 50 to 60 members of the Regiment on training, instructing, or supporting 48th Depot Battery. My personal thanks to Captain Kevin Smith of 11th Field Regiment for his hard work and professionalism in planning, organizing, managing and leading such high quality individual and team training. Our Regimental members are tremendously fortunate to have such high quality training, preparing them for any eventuality.

Exercise Stalwart Guardian 2016, Petawawa. It was rewarding to see such a fine turnout for Ex STALWART GUARDIAN in Petawawa in August. Over 40 members of the Regiment along with dozens of other Reserve Gunners from 4th Division (Ontario) filled positions in 2RCHA for the two-week arduous exercise. I thoroughly enjoyed my visit in that I got to meet most of our folks deployed, and I got to see 2RCHA in action. My thanks to Lieutenant Colonel Geoff Hampton, RSM Wayne Lundrigan, the 2 I/C Major Chris Sykora and the Battery Commanders for the high quality training. It was clearly well designed and planned – progressive, interesting, challenging, and professionally rewarding, and fun. What a great opportunity it was for our soldiers to fit into such a professional and operational Regiment. A special thanks to all ranks 2RCHA for offering our troops such quality training in such a realistic and highly charged environment.

42nd Medium Regiment, RCA (**Militia**). In 1942 the 32nd Medium and 42nd Field Regiment formed the 7th (Reserve) Artillery Group. The 42nd Medium Regiment, RCA (M) later became an anti-aircraft Regiment then a regiment equipped with the 155mm towed howitzer. It was disbanded (moved to the Supplementary Order of Battle) in 1965, and the University Avenue Armoury, where the 42nd Medium was housed, was demolished in 1963. But the spirit of 42nd Medium lives on in 7th Toronto Regiment, RCA. As you can see in the photo below, several 42nd Medium Gunners are still associated with the Regimental Family of 7th Toronto Regiment, RCA. We were High School students back in the day, but fully ready to serve our country anywhere and everywhere – and some of us are still kicking!



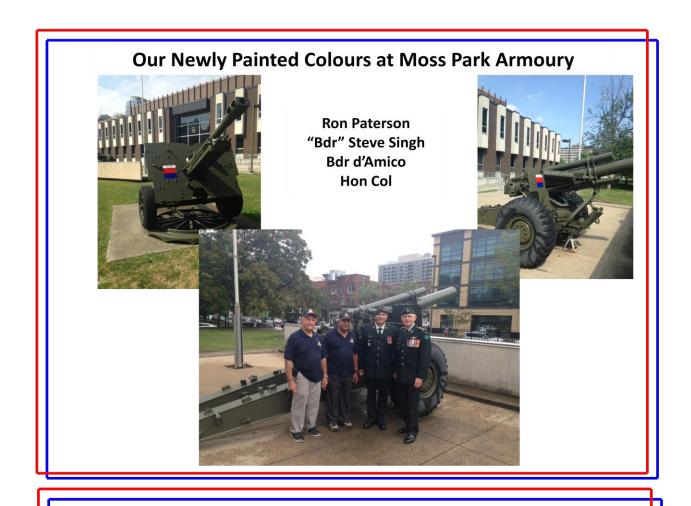
42nd Medium Regiment c.1959 in Petawawa



Left to Right: Sgt. Ron Paterson 1960 to 1965, Gnr Julius Engyel 1959 to 1962, Bdr John Mahon 1961 – 1965, Lance Bdr Ernie Beno 1960 to 1962, Bdr Paul Kernohan 1961 to 1965, Lt George Haylock 1958 to 1965

We in the Regiment and the Regimental Family have an incredibly busy fall ahead of us.

Good Shooting! UBIQUE! Ernest Beno, BGen (Retired), Honorary Colonel









105 Royal Canadian Army Cadet Corps Shooting Straight in Bisley, England, and Expedition of a lifetime –

By: 2Lt Kelvin Chu

Over this past summer, many cadets and officers had the opportunities to work and attend at training centres across Canada. Captain Eric Edelsward was posted to Whitehorse, YT as a Training Officer, while 2nd Lieutenant Kelvin Chu continued his role as the Public Affairs Officer (UPAR-qualified) at Connaught in Ottawa, ON. One of our officers, Lieutenant Bianca Fung led the National Rifle Team as their Head Coach over to Bisley, England to compete in the Imperial Meeting – the largest shooting competition in the world.



Lieutenant Bianca Fung can be seen on the front row, 3rd from the left.

The 2016 National Rifle Team shot incredibly well and brought home over 10 trophies and awards. As the primary coach and mentor for the team, Lieutenant Fung has consistently provided guidance and help to all members of the team. During the Imperial Meeting, members were required to shoot with both a C-12 Target Shooting Rifle (7.62), and the British counterpart, the L81 Cadet Target Rifle. Distances are varied, starting at 300 yards to 1000 yards with no scope (iron sight only).

Over the 6 weeks that she was in Europe, her and her team travelled across Europe on a cultural tour, including the Canadian Vimy War Memorial, of which many of the members sit and reflect on the price of peace and freedom, the spirit of selfless sacrifice that our forerunners demonstrated, and the bravery that is demonstrated by these men and women in service. This isn't the first time Lieutenant Fung went to Bisley, England either – In 2012, she was selected as the Junior Coach for the National Rifle Team and mentored and coached the members of the team in England as well. On the civilian side, she has been qualified for selection for the 2017 Canadian National Rifle Team (Civilian), ranking amongst the top of the shooters across Canada. Good luck to her in this coming years competitions!

On other news, one of our Cadet Warrant Officer Diego Perez has had the opportunity to attend what is called the "Trillium Regional Expedition." The expedition started at Algonquin Provincial Park, moved onto the Western Uplands Backpacking trail and over this past week, he hiked over 30km, mountain biked over 146km. In between there, he reached Maple Leaf Lake, Arrowhead Provincial Park, Oastler Lake Provincial Park, and Killbear Provincial Park. According to the Central Region Army Cadet Expeditions site, "They crossed over various terrain from nice paved rolling roads, to hard packed gravel, to loose sand, to yes even knee deep bogs, all with a smile on their faces."



Cadet WO Diego Perez in the centre of his team.

Good job WO Diego Perez, and we hope you will transfer all the knowledge and experience you got from this exciting expedition back to 105 Battery!



818 Falcon Squadron, Royal Canadian Air Force Cadets - Two New Pilots!

Winning and succeeding at the flying scholarship is the pinnacle of achievement for an Air Cadet. 818 Squadron is very proud to have had two members to earn their pilot's wings this summer. FSgt Michelle Wang earned her Glider Pilot's Licence and Air Cadet Glider wings at the Central Region Gliding School at CFB Mountainview. Sgt. Peter Yao earned his Private Pilot's Licence and Air Cadet Power Wings at the Durham Flight Centre at Oshawa Municipal Airport. Following are their accounts of their experiences in their own words.

FSgt Michelle Wang:

This summer, I had the opportunity to get my glider license within the Air Cadet Program. It was a fantastic experience and I wouldn't have been able to be part of this course if it wasn't for my officers and ground school instructor, 2Lt Rydel Hemmings. The process of applying for the scholarship took time and effort, especially getting ready for the exam and interview, but once that was over, it was just waiting.

When I found out that I got the scholarship, it was like a huge weight came off my shoulders from just the beginning of a great accomplishment. Once on course, I met the 69 other cadets who got on gliders, 34 of them who I'd be spending the next 6 weeks with, and becoming good friends with some of them. A typical day is spent by waking up at 05:30, breakfast and 06:00 and then be at the airport by 07:45. Once at the airport, our morning briefing occurs where we talk about weather, emergency scenarios, and who gets to fly in the morning or afternoon. Whichever group is not flying, attends ground school for half the day, and a switch happens after lunch. The experience to be able to fly a glider all by myself is one that I will not forget. The excitement and slight nervousness of being in the air alone was amazing, singing my earth.



FSgt Michelle Wang and her instructor following her post-solo soaking.

I completed the course on Monday August 15 after writing Transport Canada and passing my Flight Test. It felt like a dream came true when I realized I made it to the finish line, couldn't believe the 6 weeks were over already, all goodbyes said after graduation, but hopefully seeing some of my friends at our local gliding center in Borden. Overall this summer was my most memorable experience yet, and I couldn't have done it without my instructor on course, John Bürgi.



FSgt Michelle Wang and some of her new friends.

Sgt Peter Yao:

Before I went on the power pilot scholarship I was both excited and nervous. Excited because I would be one of a select few cadets who are privileged with the opportunity to get their private pilot's licenses for free, but also fearful of the actual task that lay ahead of me. I would be doing what takes most people a year to get their licenses in the span of seven weeks. Furthermore, I knew that I would be one of the few cadets on course without gliding experience, and so I would be at a major disadvantage. I understood exactly what I needed to pass the course and obtain my wings, but I was still uncertain of my capabilities and limits.

When the time came for me to go to camp, I was pleasantly surprised by the accommodations that were provided for us. Instead of living in barracks, we were given dorm rooms to stay in at Durham College. Our flying center would be at the Oshawa Municipal Airport, and we were lucky to have excellent flying instructors as well as mechanics and cadet officers. Food there was amazing, which made me happier more than anything else. However, the sheer intensity of the course almost made me forget about all these things. Right from the get go I was thrown into whirlwind of studying, practice and testing.

Each day began at 5:30, and consisted of four hours of ground school in the morning and four hours on the flight line, of which half would be actual flight time if you were lucky. In the evenings I was disappointed to find out that we had two hours of mandatory study, but I soon realized I needed all of it and much more. For my first four weeks on course, I slugged through training days like these six days a week, exhausting me both mentally and physically. What free time I had on Sunday I dedicated to the gym and to further studies, which my friends jokingly called "Summer summer school".

The friends that I made on course I will never forget. Knowing that twenty-three other cadets coming from squadrons all over Ontario were in the same boat as I was helped motivate me. We all studied together, flew together, joked and laughed with each other when we could, and shared our punishments when we joked and laughed too much. We told each other stories of our flights, tales of cross country solos, risky landings, beautiful views and funny radio calls. We became great friends with our cadet officers as well, who worked hard to help us to the best of their ability. The encouragement the officers and the flight staff gave us was a crucial factor of our 100% graduation rate. From first solo soaks to celebrating after writing the Transport Canada exam, there are memories that I have made here that I will treasure all my life.

When the time finally came for our graduation parade, and the wing ceremony, I was in shock of how much we had accomplished in the past two months. I had never flown in a small airplane before, and now I can confidently command one to take me wherever I wished. My friends have all asked me if I was scared to fly alone. Today, the terror of my first solo seems so distant it must have been in a past life. The proudest moment of my cadet career was when my instructor pinned my wings onto my uniform that day. Of all the feelings that overcame me when I got my

wings, the one that stood out to me the most was that I felt old. However, it was a good kind of old. My parents remarked that I had matured greatly over the course of the summer. In their eyes, my time flying had made me an independent, capable young man. As I start my university life, I feel more than ready to take on whatever school has to throw at me. After all, I can proudly say that yes, I did earn my wings as a cadet.



Sgt Peter Yao congratulated by his instructor after his first solo.







THE TORONTO ARTILLERY FOUNDATION (Established 1978) Membership Update - September 2016

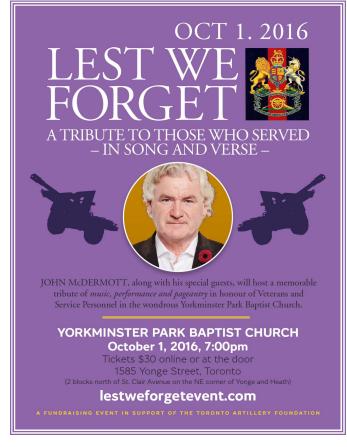
John McDermott "Lest We Forget" Concert of Remembrance - 1 October 2016

Preparations are well under way for this great event scheduled for 1 October 2016 at Yorkminster Park Baptist Church. Please mark this date on your calendars and let your friends

and neighbours know so that they may partake in this musical celebration with the renowned Celtic Singer, John McDermott and some very special guests. The beneficiary of the concert will be the Toronto Artillery Foundation so it is incumbent upon the Toronto Gunner Community to make the most of this event to support the Foundation to maximize its funds under long term investment for the eventual use of the Regiment.

Please refer to the Poster above for further details about the Concert and ticket sales. If you wish you can also go directly to either www.lestweforgetevent.com or http://www.lestweforgetevent.com/facebook.

Due to the potential for inclement weather and to minimize delays and disruptions when paying at the door, it would be greatly appreciated if you could purchase your tickets online in advance through the Concert Website - www.lestweforgetevent.com/tickets.



Acquisition of Uniforms for Our Foundation Band

As you will be aware The Toronto Artillery Foundation Band was stood up this year officially on 9 April 2016. In order to differentiate it from the official Regimental Band it was decided to outfit the Foundation Band with Blue Blazers with Badge, and of course Artillery Ties as its official uniform. Measurements were taken, the uniforms were ordered and delivery was completed in early September.

Your first opportunity to see the Band in action with its new uniforms will be at the McDermott Concert noted above.

In order to maintain ownership of the uniforms in the name of the Foundation it was agreed that the Foundation would purchase the uniforms as a capital expenditure. To accomplish this our Chairman, BGen (Ret'd) Ernie Beno commenced a fund raising initiative with a goal of \$12,000.00. To date some \$10,500.00 has been raised. It is not too late if you wish to contribute to this worthwhile endeavour. BGen Beno can be contacted at beno@kos.net to arrange for a donation or the Treasurer can be contacted at treasurer@torontoartilleryfoundation.ca.

Upcoming Foundation & Regimental Events

Please keep the following meaningful dates on your horizons:

- 01 October 2016 McDermott Concert of Remembrance
- 17 October 2016 Foundation Annual General Meeting Details to follow with the AGM notice
- 11 November 2016 Remembrance Day
- December 2016 St Barbara's Day Celebrations Date to be confirmed
- 09 April 2017 100th Anniversary of the Battle of Vimy Ridge

Ubique Paul Kernohan

Treasurer, The Toronto Artillery Foundation - treasurer@torontoartilleryfoundation.ca





IODE Ubique Saturday, September 10, 2016 Freedom of the City

Saturday in Toronto demonstrated that the Regiment, guests and members of the IODE are waterproof. Not daunted by the torrential rain we enjoyed a beautiful day with the Regimental family.

IODE Ubique was present, set up an information booth and donated two lovely cakes for the

occasion. They are all gone by the way.

IODE Ubique has a number of initiatives that are coming up this fall and would be very excited for inquiries and those who might wish to join our National Women's Volunteer organization.

Please contact us to become a member. Your time with us will be meaningful and you can set your limits as to how much.

Looking forward to hearing from you.

Patricia Geoffrey RN, President, IODE Ubique





Limber Gunners Artyfacts - for September 2016 Take Post

The Limber Gunners had another busy summer this year with the following events:

August 4th to August 11th, August 29-to 31st. Preparation and painting of the 25Pdr. and the 155mm Howitzer in front of Moss Park Armoury . Steve Singh supervised and took part in the preparation and painting of the Guns with members of the Regiment Bdr D'Amico, Gnr Kwan, Bdr Chan, Bdr Geze Han, Bdr Devlin and Gnr Brodrick from August 4th to 11th. Bdr Singh and Bdr D'Amico applied a second coat of paint to the Guns from August 29th to August 31st. A special thanks goes out to all the personnel that took part in the painting of the Regimental Colours.

August 24th – The Ontario Police Memorial Golf Tournament at Deer Creek Golf Course. The Limber Gunners fired a 4 Gun Salute that raised money for the Ontario Police Association Charities. Frank Moore, Ken Foster, Ian Farquharson, Larry Goucher, Paul Kernohan, Joe McCormack, Steve Singh and Ron Paterson took part in the firing of the Salute.

September 10^{th} – 9 Battery 150^{th} Anniversary Celebration – This event included the Regiment, Band, Cadets and the Limber Gunners marching over to Old City Hall for the Freedom of the City from the Mayor, followed by the Dedication to the 105 mm C1 at the MPA

parade Square. This was followed by a Bar-b-Que prepared by the Limber Gunners and the IODE. Steve Singh was awarded the Honorary Colonel's Commendation for his contribution to the many events and the painting of the Guns in front of MPA. Ron Paterson was awarded the Colonel Commandant's Commendation. Dave Anderson, Ian Farquharson, Otto Skerlan, Steve Singh, Joe McCormack, Bill Wallace, James Kirpresak, Dave Rae, Jackie Coleman, Paul Kernohan and Ron Paterson supported this event. A big thanks goes out to Lisa Smid and Patricia Anne Geoffrey from IODE for all the help they provided.

Frank Moore of the Limber Gunners completed installing a modified transmission, changing the clutch and installing a new fuel pump on the Quad during July/ August. A special thanks goes out to Frank for all the work that he has carried out in past. The Limber Gunners realize that if we did not have Frank the LG would not be operational.

The Limber Gunners will be carrying out Driver training in November, The LG will hold short administration meetings on the first Monday of each month followed by training.

Upcoming Events

- October 1st The John McDermott Concert at Yorkminister Baptist Church. This concert will include the Regimental Band and guests of John McDermott. This concert will raise funds for the Artillery Foundation that support the Regiment. Buy your tickets today and support this event. --November 6th The regimental Church Parade. Dress is Blues and greys. Location to be decided.
- November 11th Remembrance Day 21 Gun Salute at Queens Park dress will be Battle Dress and Blues and Greys. The LG will field 2 X 25PDR.

To the members of the Regiment that have retired, and you if you like the smell of the gun



powder, driving a WWII Field Artillery Tractor, and firing salutes with WWII equipment, and taking part in an active tank day join the Limber Gunners and meet some of your old Friends.

Painting of the 25 Pdr and 155 mm
Howitzer in front of MPA (right) Bdr
D'Amico, (front) Gnr Kwan, (upper
rear) Bdr Chan, (left) Bdr Geze Han.
Bdr Devlin and Gnr Brodrick also
assisted in the preparation and
painting.







Ontario Police Memorial Golf
Tournament

UBIQUE! Ron Paterson sevenartygunner@rogers.com



Colonel Commandant Commendation - Major (Retired) Ron Paterson, MMM, CD





This Colonel Commandant's Commendation is awarded to Major (Retired) Ron Paterson, MMM, CD for his outstanding accomplishments in promoting the image and reputation of The Royal Regiment of Canadian Artillery. His service to the RCA, over more than half a century

since he joined 42nd Medium Regiment as a Gunner, has truly been exceptional. As Chairman of the "Limber Gunners," the Toronto Artillery Foundation's re-enactment group with two QF 25 Pounders, he has been instrumental in promoting the Royal Regiment throughout the GTA, Central Ontario and beyond. He has been an inspiration to many, both serving and retired. His enthusiasm, determination and tireless hard work have set the example for his fellow Limber Gunners and have resulted in high visibility for 7th Toronto Regiment and Gunners as a whole.

The Limber Gunners' schedule of parades, displays, performances and public events is really quite incredible – as many as twenty events per year. Major Paterson has lead the team in offering training for

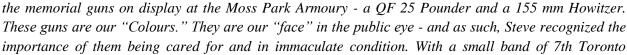
Cadets, running Regimental BBQs, overseeing the painting of memorial guns, procuring vintage equipment, recruiting and training Limber Gunners, and keeping the Artillery in the public eye. He is especially commended for his resolve in keeping the guns, quads and limbers in order, blank ammunition at hand, period uniforms available (and fitting), and guns fully manned – and personally turning up at these dozens of events.

For his exceptional service to the RCA and his extraordinary service to the Regimental Family of 7th Toronto Regiment, it gives me great pleasure to award the Colonel Commandant's Commendation to Major Ron Paterson.

Honorary Colonel Commendation - Limber Gunner, Bombardier Steve Singh

This commendation is awarded to "Bombardier" Steve Singh, CD for his outstanding service to the Limber Gunners and the 7th Toronto Regiment, RCA. He emigrated with his family from British Guiana to Canada in 1972. He served 28 years with 7th Toronto Regiment and subsequently he has dedicated five years with the Limber Gunners, ever present at the 25 Pounder salutes.

As a "Limber Gunner," Steve volunteered to plan, organize and supervise the refurbishment and painting of





Regiment soldiers to help him, he worked diligently for a week in the hottest time of year gathering materials and tools, scraping and sanding the guns, priming them, and painting them in traditional colours, and preparing them for a September ceremony. The Regimental Colours of 7th Toronto Regiment, RCA, look great, thanks to Steve.

For his outstanding service to the Regiment, the Limber Gunners and the whole of the Royal Canadian Artillery, Steve Singh is highly deserving of this Honorary Colonel's Commendation.





7th Toronto RCA Band

Since August, the band has represented our regiment in many performances, both at regimental functions, and for the public at events in Toronto and Oakville.

At the Canadian National Exhibition, which happened between August 19th and September 5th this year, the band performed in several parades to large crowds, and in concerts at the Canadian Armed Forces pavilion.

The band also performed at the 47th annual Tin Hat Memorial Golf Tournament and Mess Dinner, in Oakville Ontario. The tournament was originally created for returning veterans from World War 2, and included an attack demonstration by the Lorne Scots, to mark the 150th anniversary of their regiment.

On September 10th, the band performed in the Freedom of the City parade and ceremony, marching with members of the regiment to Old City Hall, where this agreement with the City of Toronto was ceremonially renewed by the deputy mayor.



The 7th Toronto RCA Band performing approaching Old City Hall during the Freedom of the City parade.



WO Darrin Hicks, leading the band near the Princess Gates at the Canadian National Exhibition

Recognition for Years of Service to the CAF

On September 12th, WO Darrin Hicks was awarded a CD with a second clasp, marking his 32 years of service with the Canadian Armed Forces.

Welcoming a New Member to the 7th Toronto RCA Band

The band welcomes Mscn Kieran Murphy, on saxophone, who is transferring to our regiment after a summer performing with the Band of the Ceremonial Guard, in Ottawa.

Farewell to 7th Toronto RCA Band Members

The band must also say farewell to two band members, Cpl Caitlin Coppel, and Cpl Jack Erdmann. We wish them good luck, as they continue to travel and progress in their careers.



Happy 95th Birthday Brigadier General W.W. Turner, CD



Brigadier General William Turner, CD celebrates his 95th Birthday this week, 17 September 2016. He served with 7th Toronto Regiment as an Officer Cadet during the summer months just prior to World War II while attending The Royal Military College of Canada (RMC). His RMC course was cut short and he was



mobilized to serve with great distinction as a Command Post Officer

(CPO) and Troop Commander/Forward Observation Officer (FOO) from Normandy, through France, Belgium and Holland until the surrender of Nazi Germany in May 1945. He was with 23rd Field Regiment (Self Propelled), in 31 Battery, which was a Toronto Battery. He continued to serve in the Royal Regiment of Canadian Artillery commanding 3RCHA and the UN Force in Cyprus, and commanded RMC at retirement. After retirement he was Colonel Commandant of the Royal Canadian Artillery from 1979 to 1986. General Turner – we thank you for a lifetime of service to the Guns, and wish you a very Happy Birthday, and many, many more. Thanks for your service with 7th Toronto Regiment, RCA and Canada.



Captain W.W. Turner sitting on his tank in The Rhineland awaiting orders to move on further into Germany



Brigadier General, retired, WW Turner with his best friend, Colonel A Britton (Brit) Smith, MC, CD at lunch with the Master Gunner St James's Park, June 2016

Take Post, Edition 14

The next Take Post Edition 14 will be published by 17 November, 2016. Articles to be submitted by 10 November, 2016 to: beno@kos.net





Photos from Our Past

SRTP 1982 – Borden with Dave Apperley, Ed Villaroell and Ian Shalapata



TQ1 Arty 1982 – Borden with Mark Turner, Mark Tritt, Ed Villaroell, Boyd Vanderveen, Chris Damjanov and Dave Apperley



Sr NCO's Mess 2012 w David Apperley, David Anderson, Joe McCormack, James Kupresak, Adrian Rizzuto



Connaught Ranges Comms Crse 1983 w David Apperly, Ian Shalapata, Roger Noke, Boyd Vanderveen





Combat Leader Course 1984 Petawawa w Tony Dejacolyn, David Apperley, Jim Gordon, Ian Shalapata, Jon Goveas, Doug MacDonald, Duncan Leblanc, Steve Park



Toronto Gunner at the Founding of RMC and the RCMI Lukin Homfray Irving, (1855 – 1942) – Toronto Battery of Garrison Artillery By: LCol Colin Mouatt



Lukin Homfray Irving was born at Galt, Upper Canada, on 19th October, 1855, Son ofwealthy Toronto lawyer Sir Æmilius Irving and Augusta Louisa Gugy. He attended Dr. William Tassie's School at Galt from 1864 to 1871 and furthered his education in Germany.

Irving served at the Military College, Kingston and with the Toronto Battery of Garrison Artillery. He was instrumental in promoting and organizing the Royal Military College Club, the Ontario Artillery Association and the Canadian Military Institute. He was an author and historian; his most noted work is "Officers of the British Forces in Canada during the War of 1812-15," that was published in 1908.

Royal Military College of Canada

On June 1st1876 Irving, having passed the examinations, entered the Military College at Kingston, Ontario as Cadet No.7. He is one of the "Old Eighteen", the first class of the College. One month past his 20thbirthday, he was the oldest recruit in the class. His prospects at the college looked promising; he entered as a Gentleman Cadet. On the first day of the term he was made Lance-Corporal, perhaps because he was older in appearance and more experienced than the other recruits. On August 10th the same year he was promoted to Corporal. At the first "prize-giving" on March 6th 1877, Corporal Irving, having successfully passed his first half-yearly examination, was awarded the prizes for Geometrical Drawing and German. On April 8th that year he was promoted to Sergeant. As a senior, Irving wore mutton-chop whiskers and an eye glass and had an appearance of solemnity and sedateness. He was nicknamed by his classmates "shy".

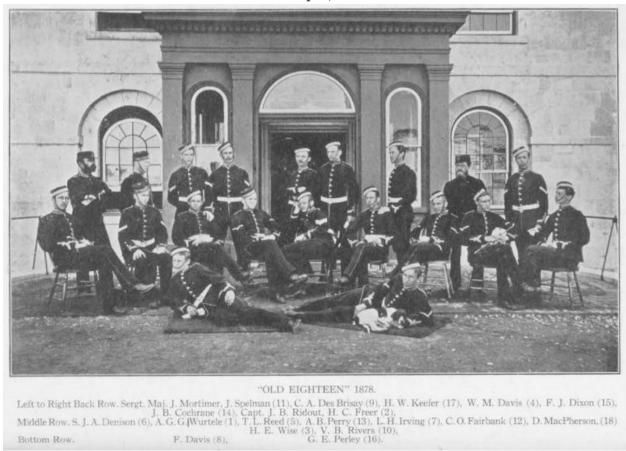
In January 1878 Irving was made Company Sergeant-Major and in September of that year became the College's first Battalion Sergeant-Major serving in that capacity until he left the College in 1880.In 1879, Irving won the Sword of Honour for "conduct and discipline".

Irving "retired" (failed) from the College in February 1880 having already, on January 1st, 1880accepted an appointment in the Ontario Civil Service as a Second Class Clerk. He later rose to Assistant Deputy Provincial Registrar on 1st July, 1903. Irving retired from the Civil Service in March, 1916.

Toronto Battery of Garrison Artillery

Irving's military career was relatively short. On September 12th, 1884 Irving was commissioned as Lieutenant in the Toronto Battery of Garrison Artillery; and, he appears in the Militia List for 1887. The RCMI's centennial book notes that "Irving had belonged briefly to the ill-fated Toronto Garrison Artillery but his claim to officer status was as a premature member of the Retired List."

Pictured below is the RMC "Old Eighteen"; Irving is shown seated in the centre (Sergeant's stripes).



Irving's leisure hours were devoted to military matters and subjects including the RMC Club, the Ontario Artillery Association and the Canadian Military Institute.

Royal Military College Club of Canada

The organization meeting of the Royal Military College Club of Canada that was held on February 7th, 1884, at the Offices of Messrs. Denison & Lowe, Barristers, 42 King Street East, Toronto.

At this meeting it was decided to organize a Club or Society to be formed from the Ex-Cadets or Graduates of the College for the purpose of promoting the interests of Ex-Cadets and Graduates

of the College and their Alma Mater. Mr. L. Homfray Irving, Toronto, was the father of the Movement and acted as the Chairman of the organization meetings, which were subsequently held, and at the first annual meeting of the Club held in Toronto on the 14th March, 1885; Mr. Irving was elected the first President. In 1926, Irving was made an Honorary Life Member of the RMC Club.

Ontario Artillery Association

The first annual meeting of the Ontario Artillery Association was held at Toronto on the 14th 1886. Irving was elected as Secretary, a position he held until 1907.

Royal Canadian Military Institute

In January of 1890, Colonel William Otter gathered an impressive representation of the city's elite at the Rossin House. On the motion of Colonel Dawson, with Major Joseph Mead of the Toronto Field Battery seconding, the meeting unanimously agreed to form a club based on expenses of \$800 a year and a fee structure that would generate \$1000 a year from members. It was also decided that officers from units in other cities, towns and villages of Military District No.2 be invited to join at a "non-resident" rate. Otter formed a steering committee; Lieutenant-Colonel Henry Grassett of the 10th Royal Grenadiers was present. Major James Mason of the Royals was at the beginning of his successful career with the Home Bank. Major Villiers Sankey of the Queen's Own was Toronto's City Surveyor. Mead, from suburban Parkdale, and Lieutenant-Colonel William McSpadden of the rural 12th York Rangers, could represent the non-residents.

Captain George Mutton, another officer of the Queen's Own, brought his valuable experience as the paid secretary of the successful National Club. Captain William Hamilton Merritt of the Body Guard would, in future years, more than justify his presence. Lieutenant John Myles of the Field Battery was included, as subalterns often would be, because his services were needed for the thankless task of treasurer. The final member was Lukin Homfray Irving, who more than most, was an enthusiast. Otter recognized him immediately as the ideal secretary of the committee.

Irving served as Secretary and Honorary Secretary-Treasurer of the Canadian Military Institute from its formation until 1908. In 1897 he was made an Honorary Life Member of the Institute and was presented with a Silver Service by its members.

Lukin's brother Dr. Lewis Erskine Wentworth Irving, DSO also had a connection to the Toronto Gunners; he enrolled as a private in the Toronto Field Battery in 1887. He was appointed as a Second Lieutenant in 9th Field Battery, C.A. on June14, 1889.In November 1914 he organized and assumed command of the 15th Battery CFA for the Canadian Expeditionary Force.

Lukin Homfray Irving died December 22, 1942, he is buried at Saint James Cemetery in Toronto.

Sources: Royal Military College of Canada Review June 1926; Royal Canadian Military

Institute: 100 years 1890-1990 Ken Bell & Desmond Morton

OCT 1. 2016

LEST WE FORGET



A TRIBUTE TO THOSE WHO SERVED – IN SONG AND VERSE –



JOHN McDERMOTT, along with his special guests, will host a memorable tribute of *music*, *performance and pageantry* in honour of Veterans and Service Personnel in the wondrous Yorkminster Park Baptist Church.

YORKMINSTER PARK BAPTIST CHURCH October 1, 2016, 7:00pm

Tickets \$30 online or at the door
1585 Yonge Street, Toronto
(2 blocks north of St. Clair Avenue on the NE corner of Yonge and Heath)

lestweforgetevent.com

A FUNDRAISING EVENT IN SUPPORT OF THE TORONTO ARTILLERY FOUNDATION





7th TORONTO RCA OFFICER'S MESS

invites you to a

WINE TASTING

Officers, Toronto Gunners, Limber Gunners, IODE and Friends/Guests



A Night of Wine Tasting of the Wines of Southbrook Vineyards

Location: 7th Toronto Officer's Mess Moss Park Armoury

130 Queen Street, East

Toronto, Ontario

Come and enjoy a wonderful social evening where you can sample the many different types of red, white, and dessert wines from Southbrook Vineyards from Niagara on the Lake.

You will have opportunities to order bottles or cases of wine.

Date: Saturday November 5th, 2016

Time: 1900 hrs-2200hrs

Cost: FREE

Spouses are Definitely Welcome

Dress: Business Casual **RSVP:** NLT October 25th to

Secretary: 2Lt Sam Kang - <u>samkang95@hotmail.com</u> Or PMC: Captain Nick Arrigo - <u>nick.arrigo@yahoo.com</u>